

Athletics Canada and the Canadian Athletics Coaching Centre
present the

2006 TECHNICAL CONGRESS

“The Multi-Dimensional Coach: Interactive Coaching in Athletics”



November 17-19th
Sutton Place Hotel
Edmonton, AB

Featured Presenters

Doug Clement

Meet Director of the Harry Jerome International Classic

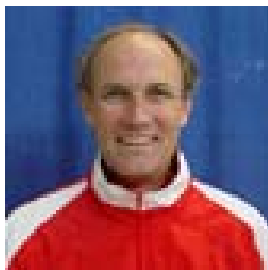


Dr. Clement is an internationally recognized former Olympic and Commonwealth athlete and coach who is now a Professor Emeritus at the University of British Columbia. As co-founder of the Allan McGavin Sports Medicine Centre, he taught and practiced sports medicine for over twenty years at the University. Dr. Clement is highly regarded for his insight into athletics from educational, medical and business standpoints. He has served as a Director of the Canadian Olympic Committee, the Canadian Academy of Sports Medicine and the Achilles International Track and Field Society. He co-founded the Kajaks Track and Field Club, Vancouver Sun Run and the Harry Jerome International Track Classic. He served as physician to the Vancouver Canucks of the National Hockey

League as well as on the medical and coaching staffs of over twelve Olympic Games and World Championships.

Hap Davis, Ph.D.

Chartered Psychologist

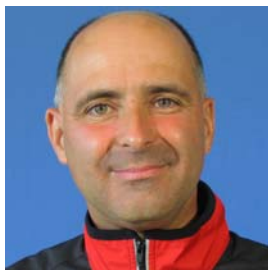


Hap Davis, Ph.D., is a sport psychologist (AAASP Certified Consultant, a Fellow with this Association). In addition he practices in clinical and forensic psychology, with specialty qualifications in each area. He devotes about one-third of his time to his work with athletes. In sport, he started by working mainly with professional hockey teams such as the 1986 Stanley Cup winning Calgary Flames and with amateur athletes in many sports including swimming, gymnastics, synchronized swimming, track and field, and equestrian sports. His science publications in athlete emotion, underrecovery, athlete selection, and arousal reflect broad sport and clinical interests. He heads a neuroscience research group which he formed with internationally recognised neuroscientists from

Emory University, Simon Fraser University, the University of British Columbia, and the Mayo Clinic sports medicine clinic in order to study neural pathways used by athletes for visualizing competitive success and for dealing with traumatic, competitive failure. The purpose of this work – indeed, of all of his work - is to facilitate excellence and happiness in each person he works with.

Martin Goulet

Chief High Performance Officer, Athletics Canada



Martin Goulet holds a Bachelor of Science in Physical Education and began coaching in 1975. He served as head coach of the Club Montreal Olympique for 14 years (1986 to 1999) and has coached for Canada at numerous international events since 1986, including the 1992, 1996, 2000, and 2004 Olympic Games. Prior to taking the position of Chief High Performance Officer, Goulet previously held the role of Athletics Canada Director of Endurance Programs.

Les Gramantik

Head Track and Field Coach, Athletics Canada



Gramantik, who speaks four languages, holds a Bachelor of Arts in Physical Education and a Masters in Coaching Science. Over the past 35 years he has coached in Romania, the Middle East and Canada. Gramantik, the track and field head coach for the past 18 years at the University of Calgary, has coached for Canada at three Olympic Games, five Commonwealth Games, eight World Championships and two Pan American Games.

Gramantik was the coach of decathlon Canadian record holder and double world championship medalist Michael Smith as well as heptathlon Canadian record holder and current Canadian champion Jessica Zelinka.

Marilou Lamy
Physiotherapist



Marilou Lamy graduated from Laval University in 1993 and obtained a Post Graduate Diploma from Sydney University in Australia in 1996. She has been involved with Athletics Canada since the World Junior Championships in 1996. She was a part of the medical team for the World Championships in 1997, '99, '01 and '03. She attended multiple major Games including the '99 Pan Am Championships, the '98 and '02 Commonwealth Games and The Olympic Games in '00 and '04. She has always been implicated in various projects linked to injury prevention and diagnosis. She has done multiple educational sessions with coaches and athletes. Currently she is working with Dr Alan Verneec on the Medical Monitoring project, which started earlier this year.

Georgette Reed
Head Track and Field Coach, University of Alberta



Georgette Reed is no stranger to athletics in Canada. Reed is a former National team athlete who captured 18 National titles and competed on numerous National teams, including the 1992 Olympics and the 2001 World Championships. Reed also attended the World Championships in her second sport, the bobsled. Reed began her coaching career in 2001 with the Sherwood Park Track and Field Club. She became an assistant coach at the University of Alberta in 2002, before becoming the Head Coach in 2003. In 2005-06, Reed's men's team captured the Canada West Title, with the women finishing 3rd. At the 2006 Championships, the women placed a strong 5th and Reed was named CIS Men's Coach of the Year.

Jim Stalford
Director of Track and Field, Mondo



Jim Stalford has been with Mondo for over 15 years. He has been involved with various track and field projects, including the Olympic Games and the latest Canadian certified IAAF Class II track at the University of Windsor. He is currently the director of Track and Field for Canada and the United States. His background includes market development, construction and installation of indoor and outdoor synthetic tracks and field application.

Dr. Alan Verneec
Sports Medicine Physician



Dr. Verneec is a sport medicine physician associated with both McGill University and the Université de Montreal. For the past 10 years Dr. Verneec has held the position of Medical Director with Athletics Canada. Dr. Verneec has been a part of the Canadian Medical Team at numerous Major Games, including the Olympics, World Championships and Commonwealth Games. Dr. Verneec's latest team appointment was with the National Junior Team that traveled to Beijing for the 2006 World Junior Championships.

Dr. Verneec works in private practice in Montreal and deals with many high performance athletes in a variety of sports and is also the physician for Les Grands Ballets Canadiens.

Agenda Agenda

Technical Congress

The Multi-Dimensional Coach: Interactive Coaching in Athletics

November 17 – 19, 2006 / Sutton Place Hotel - Edmonton, Alberta

Friday, November 17, 2006	
Athletics Canada Board of Directors Meetings Location: Hotel Board Room	9:00am – 5:00pm
Run Jump Throw Update Meeting Location: Northcote Room	9:00am – 12:00pm
NCCP Update Meeting Location: Northcote Room	2:00pm – 4:00pm
Technical Congress Registration Location: Rutherford Room	6:00pm – 7:00pm
Athletics Canada Welcome – Joanne Mortimore Location: Rutherford Room	7:00pm – 7:30pm
Topic: On the Road to Excellence Guest Speaker: Dale Henwood Location: Rutherford Room	7:30pm – 9:00pm
Wine & Cheese Social Location: Rutherford Room	9:00pm

Saturday, November 18, 2006							
Registration Location: Rutherford Room	8:00am – 9:00am						
Topic: Organizing World Class Competitions Guest Speaker: Doug Clement Location: Rutherford Room	9:00am – 10:45am						
Break	10:45am – 11:00am						
Topic: A History of Performance Guest Speaker: Jim Stalford – Director of Track and Field (USA and Canada), Mondo Location: Rutherford Room	11:00am – 12:00pm						
Networking Lunch Location: Rutherford Room	12:00pm – 1:00pm						
Topic: Medical Monitoring Guest Speaker: Dr. Al Verne & Marilou Lamy Location: Rutherford Room	1:00pm – 2:00pm						
Topic: Sport Physiology Guest Speaker: Dr. Dave Smith Location: Rutherford Room	2:00pm – 3:30pm						
Coffee Break	3:30pm – 3:45pm						
<table border="1" style="width: 100%; text-align: center;"> <tr> <td>Technical Panels Location: Rutherford Room</td> <td>Technical Panels Location: Winterlake Room</td> <td>Technical Panels Location: Angus Shaw Room</td> </tr> <tr> <td>Speed/Power</td> <td>Endurance</td> <td>AWD: Biomechanical Analysis</td> </tr> </table>	Technical Panels Location: Rutherford Room	Technical Panels Location: Winterlake Room	Technical Panels Location: Angus Shaw Room	Speed/Power	Endurance	AWD: Biomechanical Analysis	3:45pm – 5:15pm
Technical Panels Location: Rutherford Room	Technical Panels Location: Winterlake Room	Technical Panels Location: Angus Shaw Room					
Speed/Power	Endurance	AWD: Biomechanical Analysis					
Technical Congress Dinner Location: Ballroom	7:00pm – 10:00pm						

Sunday, November 19, 2006	
Topic: The Future Directions of Athletics Canada Guest Speakers: Les Gramantik & Martin Goulet Location: Rutherford Room	9:00am – 10:00am
Topic: Coaching Common Ground between Able-bodied Athletes & Athletes with a Disability Presenters: Georgette Reed Location: Rutherford Room	10:00am – 11:00am
Coffee Break	11:00am – 11:15am
Topic: Sport Psychology Guest Speaker: Dr. Hap Davis Location: Rutherford Room	11:00am – 12:30pm
Closing Ceremonies Location: Rutherford Room	12:30pm – 1:00pm

Congress Registration Form

Registration is due by November 6th, 2006

Did you participate in the 2005 Technical Congress? Yes No

First Name: _____ Last Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone: _____ Email: _____

Branch/.Organization: _____

Position: _____

The Cost for the Technical Congress is \$150.00 – Includes all materials, Friday night reception, Saturday Lunch, and Saturday Dinner

Method of Payment: (Visa, Mastercard, Cheque): _____

Credit Card Information:

Name on card: _____

Card Number: _____

Expiry Date: _____

Please contact, Nicole Clarke, to confirm your registration.

Phone: (613) 260-5580 / Fax: (613) 260-0341

Email: nclarke@athletics.ca

Accommodations:

Sutton Place Hotel 11145 – 87 Avenue, Edmonton, AB T6G 0Y1 Toll Free: 1-888-962-2522 Web: http://www.edmonton.suttonplace.com/ Group Booking Reference: Guaranteed Rate \$115/ night Last day to book to secure guaranteed rate: October 23 rd , 2006
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*Please call Sutton Place Hotel Directly to Book Your Accommodations
(Ask for the Athletics Canada Technical Congress Rate)*

